

Join us for a community presentation with

Kevin Briggs

“ Breaking the Silence: It Takes a Community”

Topic: Mental Health Awareness & Suicide Prevention

Date: Thursday, October 25th 2018 6:30pm to 8:00pm

Where: SW High School Auditorium



Kevin Briggs is a former California highway patrol (CHP) officer and spent most of his career patrolling San Francisco's Golden Gate Bridge. Kevin completed the FBI's Crisis Negotiation course and trained new CHP officers as well as Golden Gate Bridge staff on crisis interventions, specifically involving mental health and suicide. He has used his experience of his encounters with people on the bridge as well as his own life experiences to improve mental health awareness across the world. He is a renowned public speaker and author and has been featured in a Ted Talks presentation regarding Suicide Prevention.

This presentation is open to the entire South Windsor community. Come and hear from Kevin about his life experiences as well as how we can support people around us.

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